

# Tips & Tricks For KeyHolders

An Addendum to '*A KeyHolder's Handbook*'

Great Tips &  
Dirty Tricks  
For Women  
In Charge!



by Georgia Ivey Green

# **Tips & Tricks For Keyholders**

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by

**Georgia Ivey Green**

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## ***Dedication***

*To all my fans for supporting my work.*

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## ***Introduction***

After I wrote "*A KeyHolder's Handbook*," it quickly became obvious that there was a great deal I didn't tell you. So I decided to write this book as sort of an addendum. I wanted to get more specific about his fantasies, how to learn what they are, and how to use them to your benefit. I also wanted to point out, with a little more emphasis, the part that humiliation plays in all this.

While chastity is not a necessary thing, even to be a "Keyholder," there are many things that pertain only to chastity, while other things lend themselves to non-chastity situations. In this book I will try to give examples that pertain to both chastity and non-chastity. Tease and denial, for example, might seem like a chastity thing, but it doesn't have to be. You can tease your guy in many ways and still, even though he is not in chastity, deny him his orgasm.

The question is, how will any of this benefit

you, as the woman in charge? How can anything that involves more work for you, be better for your relationship as a whole? I'll even attempt to answer the question of why you should give him more sexual attention and of what benefit it is to you. You may have his key in hand, and you may have read my other books on the subject, but do you know what to do when you are just not interested in doing anything sexual and he is begging you for attention?

In this book I hope to arm you with the weapons you need to improve your relationship and make it easier for you to embrace the change. Being in charge is not always easy. I have given you specific things you can do in specific situations. You will learn how to discipline him, how to punish him, and how to keep him occupied and out of your hair when you just want some peace and quiet.

In this book I will tell you everything you need to know to get into his head, to train him to obey you, what to say, what to do when he bugs you too much. How to keep him busy, what to do when you are separated by miles, and teach you how to design and play games with him. You wanted more specifics? You got it. More details? You get that, too.

Basically, this book will tell you how to make being in charge, not only easy, but much more fun, as well!

Georgia Ivey Green

## Chapter 1

### ***What's It All About?***

**W**hat is a “Keyholder” and why would anyone want to be one?

The answer to that question is simple: If you want a happier, healthier, more attentive husband, then you should simply lock him in a chastity device. Right? **WRONG!** It isn't really that simple.

If your husband (or partner) has requested that you “lock him up,” then you are one step ahead of the game. If not, it will be on your shoulders to figure out how to get him to accept having his “Willy” locked away.

The average “unlocked” male is always sexually satisfied. I know that is a pretty bold statement



considering how often he begs you for sex, but pay attention, there is more to it. When an unlocked male can masturbate, have wet dreams, find another woman to satisfy him on the side, or simply has no need for sex (at the moment), he is considered to be sexually satisfied. However, masturbation is NOT intercourse.

Basically, when a man has had intercourse, his body chemistry is altered. His basic instinct for procreation has been satisfied, and he has less energy. After all, he just had sex, did he not? It takes, on average, about a week for him to fully recover and for his sex drive to build back up. Now I know that you can find guys who masturbate every day, or several times a day, but the fact remains that all men have different sexual drives. Masturbation, for most men (not in chastity), does not fully satisfy his need to procreate. Therefore, he will recover faster and feel the need for sex again, sooner than if he had had intercourse.

So, the average recovery time after intercourse is about one week. That means, for about a week he will not be very attentive or even obedient. He may even seem a little "grumpy." After that, he will go through a period (again the length varies) during which he will want intercourse again. That means, he will be more attentive, have a more agreeable disposition, and even be more willing to help out

around the house. At least for a time.

He will eventually begin to show signs of discontent if he does not get the attention (or release) he wants in a reasonable time. That is, he will eventually become an "ogre" if you do not do something to prevent it. Of course, the average time it takes him to reach the "ogre stage" varies with the individual and his sexual drive. But the fact remains, he will begin to show signs of discontent.

Therefore, if a man has intercourse once a week or more, he will not be easy to control. He will have no reason to pursue you as he did when you were courting. Back then, he probably wasn't getting sex very often, or he was in his prime which means his drive to procreate was at its peak.

Normally, a man will not want, or need, to have intercourse very often. Actually, the theory is that if he has intercourse once a week he will not ever reach the point of becoming an ogre. But at the same time, he will have no incentive to make you happy. He will not treat you the way you deserve to be treated, as a woman, as a wife, or as a lover.

So why lock him up? Do you want your man to be more attentive to your sexual desires? Do you want him to help you more around the house? Do you want him to lose a little weight and maybe even get

into better physical shape? Do you want him to bring you flowers? How about cooking a meal every now and then? If you want these things you must start by locking his little “Willy” in a chastity device and giving him a lot more sexual attention and far fewer orgasms!

**Tip:** *Lock him in chastity but never, EVER let him know when he will be released.*

Okay, so you are officially a Keyholder now. Do you think your job is over? Trust me, you are just beginning. Yes, a “horny” man will be more attentive, more helpful, and will do more to please you, but only for a limited time. But a VERY horny man will do so much more for you as long as he remains aroused! So, obviously, the more aroused he is, and the longer it has been since his last orgasm, the better husband he will be. The key is his state of arousal!

Just like a man in prison, his behavior is regulated by his desire for release. If he knows he can get time off his sentence for good behavior, he has an incentive to follow the rules. If he is told that there will be no early release, he has no incentive. That is why the parole system was created. It gives prisoners the incentive to be more cooperative.

The single most important thing is keeping your

chaste male sexually aroused and wanting. If you tell him that you intend to keep him locked up for a week, a month, or even longer, you may have ruined your chances to keep him happy. He should always have the hope that **today** might be the day he gets the relief he wants.

If you tell him that you are going to grant him a release (an orgasm) in one week, he will may very well lose his desire to be the helpful, loving, attentive man you want him to be. You have taken away his hope for relief. By telling him that you intend to give him relief on a certain day, he now only has to wait. But, on the other hand, if you do not tell him when you intend to grant him release, then he must behave, obey, and give you the attention that you desire in order to earn his release as soon as possible. In other words, he becomes a model prisoner.

The key to his chastity device is NOT a magic wand. You can not simply wave it in front of him and expect him to do everything you want. It does not work that way (though many others will tell you differently). You have to work at it. But once you know the secrets, his secrets, you will find it quite easy to control his every waking moment. Then you can mold him into the man you have always dreamed of. The man you thought he was when you married him.

**Tip:** *Be his school-yard bully.*

So what is chastity all about? The very act of locking him into a chastity device is humiliating, more for some than for others. If he tries to tell you that I am wrong about this, ask him if he would be embarrassed if you told his brother, his sister, or even his mother, that he now wears a chastity device. Then see what he says. For most men, wearing a chastity device is both humiliating and erotic. That may seem contradictory, but it is not. I am sure you can think of a few things that would be both embarrassing and erotic to you, as well.

The point I am trying to make here is that humiliation can be very erotic depending on the particular situation. You should recognize that and use it to your advantage. There are two basic kinds of humiliation at your disposal: Verbal and Physical.

Verbal humiliation is simply saying things that will arouse him and/or even embarrass him. For example, if you talk about his penis being small or useless when it comes to satisfying a woman sexually, that would be “verbal” humiliation. If you make him wear a pair of pink panties to work under his regular clothing, that would be

“physical” humiliation. I will give many examples of both later on.

You may be uncomfortable humiliating your partner, at first. But with a little practice you will come to enjoy it. It is almost like being a school yard bully except that your partner will become aroused by the things you say or make him do. This is another reason why you need to have a good line of communication. You do not want to hurt him emotionally. Using the example above, some men, especially those with small penises, can be very sensitive about it. On the other hand, I have had men write me and ask how they can get their wives to humiliate them this way.

It all depends on what your partner enjoys in the way of humiliation. Some men say they do not like it all, but then when faced with having to masturbate in front of their wives, who kibitz them by telling them to hurry up, or laugh at them as they attempt to ejaculate, they get more aroused by the minute. So, deny it as they may, men enjoy being humiliated to one extent or another.

Of course, there are many more things you can do besides talking about the size of his penis or making him wear your panties to work. The best way to discover what he likes is through his fantasies. I will discuss them in detail in the next chapter. For now, simply use your imagination. It

is your best tool when it comes to keeping him aroused.

**Tip:** *Use your imagination to spur his.*

What you both need to know in order to make your relationship the best it can be is your partner's needs, desires, and expectations. The best way to find out these things is by opening up the lines of communication between you both. That means using every kind of communication that makes it easier for you to open up and tell your partner what you really want or need.

It is often very difficult, even for married couples, to openly talk about things of a sexual nature. That is, to tell your partner what kinds of things you would enjoy doing, or at least, trying. Believe me, there are things that your partner "can not" tell you because it would ruin the experience. It is like taking your husband to the mall and pointing out something that you want for Valentine's Day. If you have to tell him what to get, you might as well buy it for yourself, because the excitement of receiving it as a present for Valentine's Day will be gone.

The same thing holds true if he tells you everything he wants you to do to, or for, him. So you need another way for him to tell you without

coming right out and saying it. I always recommend some form of written communication. You can use hand-written letters, or emails, or even something less obvious such as a fantasy or story. I will cover that in more detail in the next chapter as well.

**Tip:** *Create a contract or agreement and stick to it.*

It has been my experience that having a contract (or agreement) that governs your chastity relationship is a necessary thing. It makes it easier for you both to play your respective roles with minimal “out of role” interaction. After all, who wants to stop in the middle of a tease session to ask if what you plan to do next is okay with him? No one, that is who!

There is a sample agreement on my website, “*Becoming A Mistress*,” that you can use as a guide when setting up your own contract. The main things you need to include are:

Your responsibilities as the Keyholder (or Dominant).

His responsibilities as the chaste (or submissive).  
What disciplines you may use. What punishments you may use. How you both will behave in public (such as how you will refer to each other). A list of



his limits. Most importantly, where the emergency key to his chastity device will be located. And a way to step out of your roles and when it is necessary.

You do not have to make a fancy, formal agreement. As long as you write it all down so that you both understand what is expected, you should be fine. But an agreement is only the beginning. You will need to use other forms of communication to properly convey your own desires and needs to your partner. It is especially important for him to have a means of letting you know what he wants, desires, likes, and hates in the way of teasing and humiliation. The next chapter will give you more information about how this can be done.

**Tip:** *Be sure he knows what turns you on as well.*

Your contract should spell out what you enjoy doing, or having him do for you. That is, you should include a list of things that he is expected to do as well as a list of optional things that he can do when and if he wants to do them. Things like buying you flowers or candy, taking you out to dinner, sending you e-cards, or purchasing a piece of lingerie on his way home from work. Maybe even include buying a new sex toy now and then.

These should be unexpected things he can do that will please you. It really does not matter what you put on the list, they are simply things you would appreciate, but do not require, him to do. Yes, you can include giving you oral sex, if you like. But it should be understood, even though you allow him to initiate this type of activity, it does not necessarily mean that he will get anything in return.

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## Chapter 2

### ***Fantasy Is Key!***

**Tip:** *Learn all you can about his fantasies.*

**T**he way to a man's heart might very well be through his stomach, but the way to his libido is through his fantasies! Believe me, he has fantasies! Even if he often tells you some of them, I assure you, he has not told you everything he fantasizes about. Why? Because they are too embarrassing or humiliating to tell you in person.

That is why I recommend some form of written communication be used. It does not matter if he writes you a fantasy on paper or emails it to you.

He might even send you a link to a story on-line that he wants you to read. No matter what it is, you *must* read it! Do not judge him for the fantasies he has. He can not help what his imagination comes up with. Simply look at them as a way to learn about him and what he really, possibly secretly, desires.

You should often ask him (or order him, depending on how you play the game) to write out some of his fantasies. His fantasies will change and evolve over time. It is important that you keep up with them and learn all you can about them. For example, he may begin with a fantasy about being bent over your knee and spanked. As time goes by, that may change to you using a hairbrush or even a riding crop.

You can help speed the process if you like. For example, you if he tells you a fantasy about being spanked, repeat it back to him some time with a few changes of your own. Perhaps you use a flogger or riding crop on him in your version of his fantasy. That will plant a seed in his mind and, if he likes the idea, it will increase the speed at which his own fantasies evolve. You may find that he wants to change his limits to include such devices as well.

For those of you who have trouble repeating, or even telling him, a fantasy, learn how to stir his

imagination with only a few words. For example, you may not be comfortable reciting an entire fantasy, so do not even try. Say something like, "I have been thinking of using a riding crop instead of my hairbrush when I punish you." That is all you need to do. Simply drop a hint about one of his fantasies and his imagination will take it from there.

Fantasies are one of the most powerful tools you have in your arsenal for keeping him aroused. After all, that is your goal. By keeping him aroused he will be like putty in your hands whenever you want him to do something for you. Whether you want more oral sex or the trash taken out, he will be much more compliant if he is aroused, especially if he has hope of getting an orgasm soon.

Basically, his arousal is tied directly to his goal of getting some kind of sex. If he knows that serving you may get him the attention he wants, he has incentive to be a better partner. In order to obtain his goal, he will want to serve you in any way he can. So, with that knowledge in hand, you should be keeping him aroused as much as possible.

**Tip:** *Use his fantasies as often as possible to keep him aroused.*

It does not matter how you do it, but you should do it as often as possible. Send him a simple text message while he is at work, or out shopping for a new skill saw, or even when he is in a business meeting. Let us suppose one of his fantasies involves being spanked. Your text message might read, "I really want to turn you over my knee and warm your bottom right now." When he reads it, he will be unable to get that thought out of his mind for the rest of the day. When he gets home, he will be hoping that you will be waiting with your hairbrush in hand.

Here is a list of things you can do to keep him aroused during any given day.

Randomly have him wear some form of lingerie underneath his regular clothing. You do not want to do this every day because he will quickly become accustom to it. So space it out. Maybe one or two days a week. Maybe have him wear a pair of pink panties one day. Next time, maybe next week, make him wear a teddy, instead.

Don't forget how much fun it can be to make him buy his own lingerie. So every now and then, tell him to go to a specific boutique and pick out some panties or other lingerie for himself. If you approve of his purchase, reward him. If you do not, of course, you can always punish him, or make him take them back and exchange them for

something else.

Maybe you tell him to buy crotchless panties. Since these are harder to find, he may have to ask for help from one of the sales people. That will only add to his humiliation. After all, the more humiliating the experience, the more fun it will be for the both of you.

Maybe lingerie is not your thing. Okay, send him to an adult sex shop and have him pick out a new dildo, vibrator, or even a strap-on for you. Make him purchase a new paddle or riding crop, or other implement of pain and punishment. You do not have to tell him what it is for, just tell him that whatever he buys had better be pleasing to you.

Of course, those are just a few examples of the many things you can do to keep him aroused. Maybe you would want to tell him that your best friend is visiting and you want to show her his chastity cage when he gets home. That just might instill a little erotic fear into his day. Or you might tell him that he forgot to take the trash out like you asked and so he will have to spend a little time bound naked to a chair (as a form of discipline) when he gets home.

Another thing you can do while he is at work is to send him a text or email that includes a short version of one of his favorite fantasies. You do not

have to go into a great deal of detail, he will fill those in for himself. Maybe you want to put a note in his briefcase or lunch box telling him that, since he forgot to take out the garbage before he left, you will have to punish him when he gets home. Then let his mind build its own fantasy (fear) around that.

**Tip:** *Turn his fantasies into reality whenever possible.*

If your partner has fantasies that are within (or just beyond) his limits, you can make them come true. That is, if his fantasies are not beyond your limits. Suppose he has a fantasy in which you make him dress up in women's clothing. You could have him stop by a ladies boutique and pick up a few pairs of panties that will fit him. Or better yet, you can take him to a boutique of your choosing and add to his humiliation, by helping him pick out some frilly things to wear when you are ready to put them on him. You might even stop by the makeup counter and choose some special shades of eye liner or lipstick just for him. Better yet, have the sales girl apply them so you can see how he looks with that special shade of red his face will have taken on.

Maybe he likes the idea of role playing. Sorry, you



may need to dress up for this one. If he fantasizes about being seduced by a "School Girl" or a "Nurse" (remember, we do not judge him for his fantasies) you might want to secretly purchase a costume or two so that you can surprise him when you make his fantasy come true.

Role playing is a common form of sexual play. It most often contains the same overall theme even though the "characters" might be different. For example, a school girl might seduce her teacher and even spank him for being a "bad boy" while a pirate might tie him to the mast and whip him with a cat of nine tails. In other words, one of the players (you) will be in charge of the other player (him). You could be a police woman who has to interrogate a suspect, or maybe you are a security guard and caught him shoplifting. It does not matter what the roles are, so long as you are in charge. Besides, it might just help you to understand your own role as his Mistress in real life. Whatever his fantasies are, you can always role play to help make them more real. If you can manage to throw yourself into the part, role play can be great fun for the both of you.

The possibilities are limitless. All you need is a little imagination. Make it fun for you both. Of course, not all fantasies are meant to be realized. I will not go into a list of those that are not, because

that is a highly personal thing. But I am sure that you can find ways to help him realize a few of his dreams. Maybe take him to a boutique and have him help you pick out some lingerie that will turn him on when you wear it. Just the thought of you wearing it will be enough to get his motor running.

Don't think you have to "dress up" for him every time you want to physically tease him. Men have such wonderful imaginations that a simple blindfold, and a little help from you, and he will think you are wearing something really sexy that will excite and arouse him. On the other hand, maybe he is one of those men (and there are plenty of them) who enjoys being naked or exposed when the woman (or women) in the room are fully clothed in regular street clothes. It is referred to as "Clothed Female, Naked Male" or "CFNM" for short. So do not feel badly just because you do not want to put on a sexy leather outfit just for his benefit. It is not necessary if you use *his* imagination.

Try one or more of these methods of teasing your partner while wearing whatever is most comfortable for you.

Make him do his chores, or just general housework ,while you sit in your favorite chair wearing whatever makes you comfortable. To increase his arousal, make him do those chores while naked, or

wearing some form of lingerie.

Dress him up as a little girl or a French maid and have him serve you dinner. Or maybe you want to watch your favorite television show while he brings you drinks and snacks. Use him as a remote control. Have him change the channel or adjust the volume for you. Make him stand beside your chair until you need him for something. You can always reach over and fondle him in some way while he is just standing there, if you like.

Have him hand wash your lingerie and hang it up to dry. Maybe you even want it hung on a clothesline outside. So what if he is only wearing a pair of women's panties? Remember, humiliation is the name of the game.

You can lead him around the house on a leash attached to a leather collar or his chastity device. You can even ride him like a pony (if his back can take it). Let him eat out of a bowl on the floor instead of sitting at the table.

Attach a leash to his testicles or chastity device and then tie it off to the kitchen sink while he washes the dishes by hand. I know, you have a dishwasher. But why waste all that electricity when you have a man who can do it? Besides, it will keep him busy and aroused, you will know where he is and what he is doing, and you will not have to get involved.

There are many more things you can do. Don't be afraid to use your imagination to come up with some of your own.

Here is a list of some of the more common fantasies men have. Your partner may have some fantasies that are very different from any of those listed, but if he has not, or will not, tell you what they are, you can always implant your own in his head. Start by finding out which of these turn him on and which do not. The next time you have him tied to the bed and are playing with his genitals, try telling him one of these fantasies to get his reaction.

Dressing him up as a maid to serve you and maybe a few of your friends. This is a more common fantasy than you might think.

Making him orally service several women. I suspect all men have this fantasy.

Subjecting him to teasing by you and another woman (or women). A very common fantasy.

Loaning him out to another woman for a night or a weekend. This one can be very scary.

Any CFNM scene involving several women. Use women he knows.

Being bound and used by a group (males and females). Another scary fantasy.

Being cuckolded in various ways. It is just a fantasy. You can use it in many ways.

Forcing him to perform bi-sexual acts. Again, this is more common than you might think.

Forcing him to endure penile inserts such as sounds, catheters or other objects. Very scary to most men.

Forcing him to drink urine (yours or his own). If he likes his own semen too much, try this.

Making him expose himself and/or get hard in a public setting (car, restaurant, theater?).

Letting another woman fondle him in a public place (car, restaurant, theater?).

Serving at a party wearing little or nothing.

Cross Dressing. Wearing lingerie, wigs, etc.

Shopping for women's clothing and/or makeup for himself.

Going out in public dressed up as a woman.

These, as I said, are just a few of the more common fantasies. Use them to get his juices flowing or to scare him into thinking you might actually make him do it.

## Tips & Tricks For Keyholders

**Remember, it is what he fantasizes about that will keep him aroused.**

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## Chapter 3

### ***Scare Tactics***

**W**hether they want to admit it or not, people love to be frightened. If you have ever ridden a roller-coaster because it was “scary,” you know what I mean. Many people enjoy suspenseful movies for the same reason. We like to be “scared!” There may be things in his fantasies that go way beyond the limits he set in your contract. That is good! It gives you something on which you can build in order to arouse him.

**Tip:** *Fear can be a powerful aphrodisiac!*

For example, if your partner has indicated that bisexuality is way beyond his limits, you can use that to arouse him even though you may never actually make him do anything of that nature. That is, while you are teasing him, especially if he is blindfolded, you can tell him that you have been planning to make him engage in bisexual acts with someone (a friend, a co-worker, or even a fictitious stranger). Trust me, it will arouse him, but he may not want to admit it. If it does not, there are a myriad of other things you can use. Tell him you have joined a group in which all the women have chaste partners and that you are all planning to get together to show off your "slaves." Real or not, you can go into as much detail about the group as you want. It will all help to keep him aroused. The fear that you might be telling the truth will be enough to drive him crazy.

You can even tell him stories of things the other women in your fictitious group have told you. Maybe two of them plan to get together to have some fun making their partners engage in bisexual activities, or swap partners for a weekend. Anything that will scare him if he believes that you might do it would make a good fantasy for him. Telling him something like this will implant the fantasy in his mind. His imagination will do the rest.



Using details, such as mentioned above, while you are physically teasing his body, can go a long way toward keeping him aroused for days to come. He will always wonder if you were serious about the things you said. So, if you are smart, you will not tell him the truth, even if he asks. Always leave him wondering if you really plan to do what you have told him. Erotic fear can be a great aphrodisiac. All you need to know is what he is afraid of in the way of sexual exploits. Use that fear to help keep him aroused.

Okay, so you have a guy who does not (or will not) tell you his fantasies. Maybe he says he does not have any. BULL! If that is the case, give him a few. Suggest a few situations that are beyond his limits and he will begin to fantasize about them. Or, at the very least, he will think about them and feel the erotic fear that you want him to feel.

Let us take a closer look at some ideas to get you started. For example, you might blindfold your partner and bind his hands behind him so that he will be helpless to defend himself. Next, get out a candle. You want to use one of those cheap "utility" candles that are made for emergency use when the power goes out. Do not use fancy smelling or colored candles because they often burn much hotter than the paraffin candles. You do not really want to burn him.

Light it. Move it close to his face so he can feel the heat from it. Tell him that you want to do an experiment. Now hold it about eighteen to twenty-four inches above his genitals and let a small drop of wax drip onto them. It will not hurt him, but it may scare him into thinking you are going to burn him with it.

You can drip as much, or as little wax as you like onto his penis and testicles. He may squirm. He may protest. But have fun with it. Tease him about it. Tell him you want to cover his genitals completely and use a hammer to break it all off once it cools. Note: Do not use a hammer! The point of all this is to raise his level of fear. The more he thinks you might actually hurt him, the more he will protest. When it is all over and you have released his bindings, he will realize he was never really in any danger at all. But now he will remember those feelings he had and maybe even get aroused from time to time. You can always drop little hints and reminders of that moment to get him thinking about it again, any time you want.

There are, of course, many other ways you can scare him erotically. You can make him think you are going to cut him with a sharp knife. Before you blindfold him, let him see that you have a very sharp knife (a hunting knife works well for this), but after you apply the blindfold, you use a

different, very dull knife to “cut” him. Of course, you will not actually be cutting his skin, but with the right words and a little ice, you can make him think you are.

Oh, the ice trick? You can use an ice cube placed against the side of the blade of a dull knife. The ice will melt and the water will drip along the blade where you are “cutting” him and feel like his own blood dripping down. Of course, it will not hurt. But you would be surprised at how real it can feel.

**Tip:** *If you can't make it reality, make him think you will.*

Maybe your partner has fantasies about you making him serve you and your friends at some kind of tea or dinner party. Maybe his fantasy includes having to wait on you wearing nothing but his chastity belt, or naked. Maybe in his fantasy you make him dress up as a maid wearing a wig and makeup as well. Whatever his fantasy, you want to use it to increase his daily arousal. So take it and run with it. Start dropping hints that you have been thinking of doing whatever it is he fantasizes about. Give him details of what you are planning. Tell him how much fun you think it would be to expose him to your friends. To watch his humiliation grow as your friends tease him and

maybe even touch him while he is waiting on them.

You may never actually want to put him through something like that, but he does not need to know that. He needs to think you might actually do it. He needs to start feeling the fear that you may actually invite a friend or two over to humiliate him. To play with him in ways that would be more embarrassing than anything else he has ever done. It will not only cause him fear, but it will also arouse him.

The whole point is to make him think that you are actually planning on going through with your plans. The more he believes it, the better for you. If he starts acting like he knows you are not really making plans, remind him that he has promised to do whatever you want him to do and that includes serving at a dinner party... Naked, if that is what you want. Never ever let him know that you do not really intend on making him do it.

Okay, maybe he would love serving you and your girl friends that way. But what if you told him you were going to invite some of his co-workers? How would he feel about that? Would he be so nonchalant then? Not if you can make him believe it.

If he really needs convincing, try this little trick.

Put a blindfold on him and have him masturbate for you. While he is doing it, pretend you are calling your best friend on the phone. Have a conversation with her about what he is doing. Laugh and tell jokes about how silly he looks. Make fun of him as he tries to please you by doing what you have commanded. The more convincing you are, the better. Who knows, maybe you have a friend with whom you could actually share such a moment. That would really shock him. Hold the phone up to his ear or put the phone on speaker and let her humiliate him for real. How far you are willing to go is up to you. Even if you only keep it as a fantasy, do not let him know that. Never tell him the truth about what you are willing to do, especially when it comes to humiliating him.

Maybe you want to scare him by telling him that your best friend wants to “borrow” him for a weekend. Tell him that she has asked you to lend him to her so that she can find out what it is like to have a guy who is will do anything she wants him to, no matter how humiliating it is. Tell him that you are thinking of letting her do it. Ask him how he would feel about being lent out to another woman. Maybe even a woman he has never met.

Perhaps he has a fear of being exposed in public or something of that nature. You can photograph him while you tease him or while he is doing some

other humiliating thing and then threaten to make the photos (or videos) public. Tell him you are thinking of publishing them on a website or sending copies to people he knows. You do not actually have to do it, but the more he thinks you might (or have) the more aroused and humiliated he will be.

It is up to you to find things that you can use to scare him. Everyone is different and are afraid of different things, especially when it comes to sexual behavior. So dig. Find out what scares your partner and use it against him. Use it to humiliate him or to scare him. Have fun with it.

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## Chapter 4

### ***Reach Out And Touch Someone***

**T**his is where we will get into some physical activities you can try. Do not be afraid, you do not have to use all of them, but variety is the way to keep things interesting (for the both of you). Many of the activities in this list can be done with or without his chastity device in place. If a particular activity requires that he be chastity free, you can bind his hands so that he cannot touch himself or interfere with what you are doing to him. It is important that you keep him from doing anything himself unless you want him to. So keeping him locked in chastity is important.

Release him when you want to play with his genitals, or when you want him to masturbate. Otherwise, I recommend keeping him locked up.

Remember, his chastity device should be removed at least once a week for cleaning and so you can check for any irritation or chaffing caused by the device itself. After all, you do not want to cause him any REAL discomfort. So always clean him and his device yourself. It is the best way to stay ahead of the game where hygiene is concerned.

**Tip:** *Do not be afraid to touch him, he will not break.*

If you have read anything I have previously written, then you probably know that I highly recommend using a blindfold whenever you can. His imagination will do so much more when he can not see what you are doing (or thinking of doing). He relies so much on his sight that when it is removed, his mind will fill in all sorts of things, what you look like, what you are wearing, where he is, who else might be around. There are so many variables that his mind (inspired by your words) can create, that it boggles the mind. Use it to your advantage.

One of the easiest and most common of all the sex toys you might have is ice! Ice is something that



can stimulate his senses. You can use it in many ways and it is usually around, at least at home. If you do not like getting the bed or carpet wet, try putting some ice into a resealable plastic bag. It will still feel cold and will not melt all over your nice new comforter.

Rub the ice (or bag) all over his body. Let it rest for a few seconds on his scrotum or penis. Do not leave it in one place for more than a few seconds as ice can burn his skin. You can run it up and down his legs, between his thighs, and on his nipples. Ice is fun.

You can shave his genitals. Use an electric razor or any of a number of safety razors on the market. I like to use shaving cream and a disposable razor. Wet the area you want to shave, apply some shaving cream, then gently remove his hair with the razor. Be careful not to nick him. If you stretch the skin where you are going to shave, it makes the razor move more smoothly and it will clip the hair shorter. You might want to start with a pair of clippers or scissors because long hair does not shave off as easily as short hair. Clean the razor often by shaking it around in a bowl of warm (or hot) water. I always keep a towel handy to dry him off.

Of course, his genitals are not the only place you can shave. Some men get aroused by having a

woman shave their face. Naturally, you can shave his chest, his back, or even his legs if you want to. If you are going to dress him up in women's clothing or lingerie, shaved legs are a plus. Besides, if he goes to the gym for exercise, he may be embarrassed to let the other men see his shaved legs.

You can use many sexual toys as well. Nipple clips or clamps are always fun. Some men have nipples that are too sensitive for clips and such, but that does not prevent you from using your fingers to lightly brush over them or pinch them when you want to get his attention. Sucking on them may also be arousing to him. Try it and see.

If you want to get him really turned on, run your fingers lightly over every part of his body except his genitals. By the time you tire of it he will be begging you to touch his penis or his testicles. You can even touch his genitals with extremely light touches until he is begging you to do more. Some of the most sensitive areas to touch are between his thighs, under his testicles, his anus, his nipples, his ribs, underarms, his neck and even his ears. Do not forget his feet, especially if you want to tickle him.

Use your hand and stroke his penis until he is on the very edge of an orgasm. This is called "edging" and you can do it as often as you like. Be sure to

stop BEFORE he gets too close to orgasm. You do not want any accidents to happen.

On the other hand, you can give him several ruined orgasms in one session. Since his sexual drive is not diminished when his orgasm is ruined, you can always try for another one. Three or four will probably be the most you can get in one session, but it is fun to keep trying.

If you want to try something special, go ahead and give him that orgasm. Then rub the tip of his cock with your hand for as long as he (or you) can stand it. It is called, "Post Orgasm Torture." It is called that for a reason. The head of a man's penis becomes super-sensitive once he has an orgasm. This usually does not last long, especially if you do not touch him there. But if you do, he may not be able to stand your touching it (or rubbing it) without screaming for you to stop. Of course, that is when you tease him about wanting an orgasm and that this is just a part of his reward.

Of course, you can always simply tease his genitals, or his whole body, until he begs you for release. I would not necessarily want to give him an orgasm at this point, but I like making men beg for it. You can use any method you like to get him to that point, just remember to stop before he actually ejaculates.

You can use a strap-on dildo to take him anally. Many men enjoy this type of sexual activity. It gives them the feeling of submission more than just about any other thing you can make him do. Use lots of lubrication (you can not use too much) because the anal opening is very sensitive.

Along the same lines, you can try prostate milking. Lubricate a gloved finger and push it into his anus about one and a half to two inches. You should be able to feel his prostate gland which is in the direction of his genitals. Massaging his prostate gland can cause him to ejaculate, but it is more like a ruined orgasm. It will not relieve his sexual tension, or his desire to procreate. That makes it a good substitute for a ruined orgasm.

Anal toys abound in the adult sex shops, both brick and mortar and on-line. As long as you keep them well lubricated, they can be loads of fun. Do not be afraid to try them. If you are worried about the "mess" that might result, lubrication can keep that to a minimum, I also recommend using condoms on your anal toys. It makes clean up a whole lot easier.

While we are on the subject, think about making him wear an anal plug (butt-plug) somewhere other than home. If he wears one to the hardware store the next time he goes, he will feel the eyes of every person in the place on him. He knows they

can not tell he is wearing it, but he will still feel the humiliation of it. Again, you do not want to do the same thing every day. That goes for your method of teasing him as well. Try to inject as much variety as you can into your sexual play. It keeps things from getting boring, for both of you.

**Tip: *If all else fails... Ruin it!***

When you are playing with (teasing) your partner and he gets too close to an orgasm to stop it, my advice is “*RUIN IT!*” There are times, of course, when you want him to have a nice full orgasm, but when you do not, you should keep a close eye on him. After all, we talked about his “need” for orgasms. He does not really need them. He just thinks he does. If you enjoy having him be all loving and attentive, learn what it takes to prevent a full orgasm and do it!

There is a good description of how to ruin his orgasms in my book entitled *A KeyHolder's Handbook*. If you do not already own a copy, I would suggest you get your hands on one. There is a great deal of information in it that you will need.

By the way, have you tried making him masturbate for you? There are a thousand ways of doing that that are not only fun, but can be very entertaining. You can do it as a reward, a punishment, or just for

entertainment's sake. But however you choose to use his masturbation, make him ruin his own orgasm. It is a very humbling experience (so I am told).

**Tip:** *Tie a yellow ribbon... Around his testicles.*

I often hear women complain their partner ejaculates too soon. Have you tried tying a string or ribbon around his testicles just below his penis? This can, sometimes, help him last longer. It is a tip I got from one of my readers. By constricting the flow of ejaculate from the testicles to the urethra, some men experience a delay in orgasm. I am not saying that this will work with all men, but it is worth a try.

Using a cock-ring as well, can help stave off an orgasm. Maybe not forever, but long enough to give you both a little more time for pleasure. In either case, you do not want to get it so tight that it cuts off all circulation, but snug enough to reduce the flow. Do not leave it on too long, either. Not more than 30 minutes in most cases. If it is not very tight, you can leave it on much longer, possibly indefinitely. I do not recommend leaving any restriction in place for more than an hour. The best way to judge is color. If anything turns blue (or takes on a bluish tint) remove the restriction

immediately!

Now remember, you can stifle his orgasm, if you feel it necessary, simply by holding his urethra closed at some point. I find squeezing the head of his penis from the sides (not top and bottom) works very well. Watch out when you let go however, you may get a blast in the face. Do not worry, it is just back pressure that has built up from the orgasm but was not allowed to bleed off. If you hold it long enough, the pressure will naturally subside and you will not get that blast. You may see his semen simply drip out like it does with a ruined orgasm. This is okay.

Have we talked about what to do with all that sticky stuff that comes out when he has an orgasm, ruined or not? My research shows that most men want to be made to consume it. That is right. They want you to tell them, or even force them, to drink their own ejaculate. It may seem odd, but that is what men have told me for years. So do it! Make him lick it up off your leg, out of your vagina, off the floor, or anywhere else it might have landed. Always do it. Never let him forget that it is you who allow him to ejaculate in the first place and, therefore, he should be happy to do with it what you want. It is a very good form of humiliation and most men actually enjoy it. It is also a good form of control.

Be aware, drinking (or eating if you prefer) their own ejaculate is much harder for them if they have had a full orgasm. Remember what I said about desire for sex in men? Well, they may act as if they want to consume their own ejaculate right up until they have a full orgasm. With that ever-present desire for sexual activity gone, they may no longer wish to comply with your desire for them to consume it. So that is when you have to “make” them do it. Do not back down. He wants you to be strong and forceful. He wants a woman who will not allow him to get away with things. Do not be afraid to make him do it. After all, he will not break or die from consuming a little semen. He may not like the taste, but do not let that stop you from making him drink it. After all, it is a matter of principle. You are in charge. He must obey. That's the way it is.

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## Chapter 5

### ***What Is There To Talk About?***

**I**n everything I have ever written about a woman being in charge of her husband, I have said that talking to him while you are physically teasing him is important. It is not just important, it is the single most important thing you can do, especially if he is blindfolded.

When you talk to your partner about sexual things in order to get (or keep) him aroused, you have to keep focused on your goal. That is, his arousal. If you talk about your financial situation, or how the kids are doing in school, or even how much you

hate the new policy on discounts at your favorite grocery store, how aroused do you think he will get? I am sure there are a few guys out there who get all turned on by the special sales going on in the meat department, but am just as sure that there are not very many of them.

How wet do you get (between your legs) when he is talking about buying that new lawn mower he saw at the hardware store? Right. So why do you think, just because you have him bound and gagged, that he will get sexually excited about how the kids are doing in school? Stay focused on the job at hand. Talk only about sexually erotic things. That is, things *he* finds sexually erotic.

**Tip:** *Focus on what's important at the time!*

You may not be very comfortable talking about sexual things to your husband or boyfriend, especially when your physically teasing him, but you can learn to do it. It takes practice. Focus on what is important and do not get off track. Plan your sessions so that you have an idea in your head about what you are going to say. You do not have to plan out a whole speech. Simply have a basic idea of what kinds of things you want to say. Pick one of his fantasies and talk about doing the things in it.

Use his fantasies. They are the best way to get into his head, and that is where you want to be. You want him to think about certain things and forget about everything else, for a time. If he has fantasies about a bunch of baby chicks (those cute, yellow, fuzzy little things) pecking seeds off of his genitals (do not panic, it is just an example), what can you say to him? Pick up a toothpick or two and say, "Can you feel those little baby chicks pecking those seeds off your balls?" as you begin poking at his testicles with the toothpicks. Then talk about the chickens. Pretend there really are some chicks and talk about your favorite one. Tell him how cute it is and how it seems intent on getting one particular seed. Poke him several times in the same spot and say, "See how tenacious he is?" Of course, that is just one possibility.

His fantasies will be different. But that means you will have to use your imagination in order make him feel as if you are making his fantasy come true.

**Tip:** *You can not talk too much!*

My point in all this is that you have to talk about what he can not see (assuming he is blindfolded). Or about things you want him to visualize in his mind. Even if he is not blindfolded, talk about

things that are in the future. Using our baby chicks example, you can tell him that you have been talking with a farmer about borrowing some chicks just to make his fantasy come true. Do you see where this is going? You are watering the seeds planted in his brain. You should nurture them and guide them as they grow.

You can not really talk too much unless you get off the subject of his fantasy, or if you are not at least talking about something sexual. Now, if you want to talk about the grocery store, make it sexual. Tell him a story about what would happen if you took him shopping and made him wear only women's lingerie to that store. Or tell him a story about a bunch of other women reaching into his pants to fondle him because you told them they could. Tell him anything that would be humiliating and erotic to him.

As I said, it takes practice to be able to talk openly about sexual fantasies. You will need to practice. However, never tell him how disgusting or horrible his fantasies are. If you do not like his fantasies, make up your own. Plant the seeds you want in his head and then nurture those seeds. As long as you are talking about something sexual, even your own fantasy, he will begin to associate those fantasies with your sexual attention.

**Tip:** *Just keep talking!*

Whatever you choose to talk about, sexually, is what is going to turn him on. Therefore, just keep talking. You do not want him to get bored or his mind will wonder. It will move from sex to golf or baseball, or something other than what you want him to think about.

This is NOT the time to tell him about all those things you want him to do for you, like sweeping out the garage, or cleaning up the basement. This is the time to play to his fantasies. Cleaning out the garage comes later.

Okay, now that you know what to talk about when you have him tied to your bed or something, let us discuss what to say at other times when you just want to tease him a little and get his head thinking about you.

Try this one sometime: Call him up while he is at work. Tell him to reach down inside his pants and start fondling himself. Make it clear that it does not matter to you if there are other people around. That is his problem, not yours. While he is doing that, give him that list of things you want him to pick up at the grocery store on his way home. When you are done, simply tell him, "Goodbye" and hang up. Do not tell him he can stop fondling himself. Let him figure that out on his own.

If you can catch him while he is driving, have him pull over to the side of the road and get himself hard for you. Make him tell you a fantasy so that you do not have to do all the talking. Stop him in the middle of it and ask if that is something he finds erotic and ask if how he would feel if you did whatever it is to him. Tell him that he can not move on until he has penis is fully erect. Of course, that might not be possible if he is locked in a chastity device. But, again, that is not your problem. Is it?

Remember how I said this was all about humiliation? Well, here are some things you can have him do (just for you) when he is not at home. Have him go to a restroom. It does not matter what restroom. It could be at work, or at the golf club, or at a fast food joint he happens to be near. Any public restroom will do. Tell him to go into one of the stalls and pull his pants down to his knees. Now have him make himself hard if he isn't in chastity, or have him insert a butt-plug, or tell him one of his favorite fantasies while he is standing there. Have him fondle his own testicles to help get himself aroused. You can even have him masturbate for you right there on the phone. If he does not have a cell phone, then have him do all this by himself. Believe me, the humiliation, along with the fact that you told him to do it, will be enough. Even if he can not actually make

himself ejaculate under those conditions, it is the fact that he tried that counts.

If you happen to be out together, have him go to the restroom and masturbate for you. Perhaps you are at a nice restaurant or just a fast food place. It doesn't matter. If you really want to humiliate him, have him bring back proof that he actually did ejaculate.

Go to the movies, or just out for a drive. If he is driving, unfasten his pants and reach inside to fondle his genitals. Ask him if he thinks that guy in the truck could see what you are doing. Maybe you are driving and you have him pull his trousers down far enough to expose himself to you. You can have him fondle himself or just sit there until you arrive at your destination. You do not have to make him do anything that might get him arrested, but that does not mean you can not have some fun and humiliate him at the same time. He will enjoy it, though he might not want to admit it at the time.

This would be a good time to call up one of your friends (or pretend to) and tell her all about what your partner is doing for you. You can describe it in detail so that he hears the conversation, at least your side of it.

Tell your partner about your plans to turn him into

a female. Or tell him that you have been wanting to see him give another man oral sex. Explain why you think you should be allowed to have sex with other men and that you think he should have to watch it. Maybe he could learn something? Again, you do not actually have to do these things, they are just meant to scare him and, hopefully, turn him on. If you want, you can make him think that you are really thinking about doing these things, especially if they arouse him.

**Tip:** *Never let an opportunity to humiliate him get away.*

A friend of mine told me how she surprised and humiliated her husband one time. They were talking in their living room with two other couples when she suddenly announced that “Bob” was wearing a chastity device. Everyone was shocked by the news but quickly started making jokes about it. Finally, one of the other women asked if she could see it. I will let your imagination fill in the rest. Needless to say, “Bob” was totally humiliated that evening. Later, he admitted that he thoroughly enjoyed the humiliation.

There are a thousand and one things you can do to humiliate your guy. With a little imagination, I am sure you can come up with some on your own. I



find it actually fun trying to think of things I can do to my husband that will both surprise him and humiliate him at the same time. Have fun with it, and never let an opportunity to sexually humiliate him pass you by.

Not all of the things I suggest will be right for you and your partner. After all, everyone's tastes are different. You should make an effort to find out what works best for you and your partner in your particular situation. If that means making him write, email, or simply tell you as many fantasies as he can come up with, so much the better. The more you know about your partner's fantasies, the more ammunition you will have when it is time to humiliate him.

Remember, the objective is to turn him on, not drive him away. So be careful what you say. Make sure, later, that he understands what you were doing and doesn't run off to the arms of another woman because you are crazy. When he understands that you are only trying to give him what he wants, then he will love you all the more for it.

Talking to him, often, is the best way for you both to become comfortable with your new lifestyle. Keep the lines of communication open and respect his limits and feelings. Do not go overboard.

If it is not erotic to him, then you could be damaging your relationship instead of enhancing it.

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## Chapter 6

### *Teaching Him Obedience*

**T**here seem to be two schools of thought when it comes to obedience training. One is simply a kinder, gentler version of the other. Should you use “Discipline” or “Punishment” when teaching your submissive partner to obey your every command? The answer is simple... Whatever works!

I feel that a combination of both works best. There are things that require a firm, steady hand, and there are other things that should be handled in a different way. Many of the examples that I give in

this book can be used as disciplines, punishments, or just for fun. But if there are certain areas in which your partner consistently disobeys, or at least does not fully satisfy your wishes, then some form of obedience training seems appropriate.

For example, if your partner continually fails to make the bed properly when you have told him over and over again how you want it done, then he needs a little disciplinary training in bed-making. However, if he refuses to make the bed, or to do it YOUR way, then, perhaps, he needs something a little more severe to get him to see things in the proper perspective.

**Tip:** *Put in the time.*

When it comes to either discipline or punishment, it is important, not to mention a whole lot more fun, to be creative about it. The more creative you get, the more fun, at least for you, discipline and punishment will be. It may even be fun for him, and that, in itself, can create better obedience on his part. It is a win-win if that happens.

Using our bed-making example, let us suppose that “Bob” (your partner) keeps making the bed in a way that just looks sloppy. What do you do? First, pick a day or a time when you will have plenty of time. You don't want to have to repeat

the lesson simply because of time constraints. Take Bob into the bedroom and make him feel a little uncomfortable, maybe he is naked while you are fully dressed. Show him, very carefully, exactly how you want him to make the bed. Do it yourself, slowly and with lots of clear, concise, instructions.

Now have Bob make the bed himself while you watch and correct him as he goes along. Once he has completed the job (with your help) tear the covers off and tell him to do it again. This time, don't give him any help. If he does it correctly, you now know he can, so praise him. Maybe even fondle his bottom to give him a little encouragement. Then tear the covers off again and tell him to make it again. If he complains, smack his bottom with your hand (hard) and tell him that you should not have to waste your time teaching how to do such a simple task.

Don't leave the room. You need to supervise this whole training session. Once Bob has finished re-making the bed, either scold him or praise him as appropriate. Then repeat the process. Tear away the covers and have him make the bed again. Do this at least five times. Once you see that he can actually make the bed to your specifications, and he has done it several times in a row without complaining, then you can end the session. Hopefully, Bob will have learned his lesson and

you will not have any more trouble out of him for his bed-making skills.

Now let us suppose that Bob begins to slip up. He makes the bed, but again, it is not up to your standards. Take him into the bedroom and show him the bed. Ask him why it was not done the way you showed him. Whatever you do, do not accept his explanation. Don't allow him to get away with it. Now is the time for a punishment. Have him lean over (or lay over) the edge of the bed. Using a hairbrush or other appropriate implement, proceed to redden his bottom. I would give him at least twenty hard strokes with a hairbrush or ten with a paddle or riding crop.

When you have finished, ask him if there is anything he would like to say. His replay should be either, "I'm sorry" or "Thank you, Ma'am" or some indication that he will never fail to make the bed properly again. Either way, order him to re-make the bed. Leave the room as soon as you have done that, leaving him to think about what just happened and to re-make the bed.

It is entirely possible that you will have to resort to something more severe if he continues to fail to make the bed properly. In fact, it is entirely possible that you have a "Brat" on your hands.

A brat is exactly what it sounds like. Someone who

purposely misbehaves in order to receive punishments. If you think you have a brat on your hands, then he is enjoying the punishments you are giving him and you need to change that. What you must do, is find, or devise, some punishment that he will not want repeated.

Let us say Bob continues to do poorly when it comes to making the bed. You have already punished him with your hairbrush (or whatever) several times, yet, he still has not learned his lesson. So instead of paddling him, you want to try something different.

Obviously, another paddling will not work. But what if you were tie him down and repeatedly flick his testicles with your finger, or even a rubber band? That might get his attention. If not, you could always bind his testicles with a small rope or bootlace and attach a weight to it. Make him do his chores that way and he might get the point this time. You may have to do some experimentation to find out what works, but be persistent. With a little imagination you can come up with something that he does not like enough to bring him into proper obedience.

Sometimes, you may have to resort to removing privileges. Mush as you would with a child. If he is used to giving you oral sex at bedtime, do not let him. Do not tease him, either. Maybe a week of no

sexual activity at all will bring him back in line. Withdrawing all attention should be your last resort.

**Tip:** *Be consistent.*

Whether dealing with discipline, punishment, or just everyday chores, you must be consistent. Your partner needs someone to keep him on an even keel. That is, don't change what you want him to do, or how he is to do things, every other day simply because you thought of a better way to do it. Changes are okay, as long as they are spaced out and well thought out. If you change how Bob is to make the bed every day, he will become confused and there will be no way he can keep up with your wishes. Instead, if you suddenly do decide to change how you want the bed made, repeat your original training. Take him to the bedroom, show him how you want it done, and let him do it for you. That way, there will be less confusion on his part and you will be less apt to make changes that have not been well thought out.

**Tip:** *Be creative.*

Here is a short list of punishments that might help you get some ideas of your own.



Some men are more sensitive to pain than others. Try putting some IcyHot, or other mentholated cream, on his penis, testicles, and/or anus before he begins his chores. Better yet, put it on him before he goes to work in the morning so he will have something to think about for the next few hours. These creams do not stay “hot” for very long, a few hours at most. So if you choose to use them, it may be best to do it while you will both be at home so that you can re-apply it should he need it. After all, one application may not be enough to teach him his lesson.

Try placing a butt-plug in his anus and leaving it there for a number of hours, or all day if he is going to work. I know one woman who sent her husband to work every day with a plug and some lubricant in his briefcase. Then, if she finds something he has (or has not) done that displeases her, she will call him up (or send him a text message) with instructions to insert it. That means that he not only has to endure the butt-plug for the remainder of the day, but he will have to find a way to insert it himself while still at work. The point of this is that the plug will be somewhat uncomfortable but not so much that it will interfere with his work.

You could always drip candle wax on his genitals while you have him tied to the bed or a chair. The

closer the candle is, when the wax drops, the more pain he will feel. I do want to warn you not to get it too close as you can burn him. So keep the candle a minimum of twelve inches away from his sensitive areas when dripping the wax. You don't want to cause harm, just a change in behavior.

You can always make him stand with his nose against the wall for twenty or thirty minutes. And if that does not work, try binding his testicles and suspending a weight from them while he stands there. The more weight, the quicker he will learn his lesson.

Perhaps, instead of a weight suspended from his testicles you could make him hold a penny against the wall with his nose. If the penny falls, he must start his punishment all over again.

Of course, instead of the penny trick, attach nipple clips (or clothespins) to his nipples and see how long he can take it. If he cries or begs you to stop his punishment, you are getting somewhere. If that isn't enough, you can attach more clothespins to his penis, testicles, and even his buttocks.

If he has offended you or embarrassed you by something he has said, try putting the clothespins on his tongue, instead. It won't take him long before he learns to curb his tongue and watch what he says.

Maybe you prefer to take a more active role in his punishment. Bind his hands over his head, perhaps to a clothes hook on your door. Then you can perform a little CBT (cock and ball torture) while he is standing there.

Here is a good one. If you can get hold of a ping pong ball gun (try Amazon) you can shoot ping pong balls at him while he stands there. Then you can interrogate him and cause a little pain (depending on where you aim). Of course, if you can not get a ping pong ball shooter, you can shoot rubber bands at him. Or just snap him with one.

**Tip:** *Make sure he understands why he is being disciplined.*

Like I said before, discipline is really a kinder, gentler form of punishment. That is true in most cases. But, as with any rule, there are exceptions. Some forms of discipline do not really lend themselves to the realm of punishment. While some may seem even more cruel than a paddling.

If your partner needs a “good talking to” you might try lecturing him on his behavior. He wants your approval, so sometimes that can seem more severe. It has been said that the tongue stings more than the whip. This can be true depending on how severe you are when giving your partner a

lecture. What you say, and how you say it, can cut deeply. So moderate your speech and be careful what you say. Using verbal humiliation can go a long way when it comes to discipline. This would be a good time to tell him his limitations. Scold him about not being a good “slave” (or whatever you call him).

Here are a few suggestions for disciplines which you may not have thought of. At least, maybe they will stir your imagination a little.

Have you ever been subjected to a merciless tickling? If you have, you know how much you hate it. Tie him down first so that he can not get away, then go after every ticklish spot on his body. Do not forget his feet! The longer you keep it up, the more he will realize that he is being disciplined. If you add some words of disappointment to your session, it should not take long before he promises to correct his behavior if you will only let him loose.

It can be very humiliating for a man to have to masturbate for his wife (or woman in charge). So use it. Make him masturbate for you and add a little kink to it. Give him so many strokes to bring himself off or he will have to stand there until he is soft and then try again.

Or, along those same lines, give him a set time

limit. If he does not make it within the allotted time, he will have to wait for things to cool down and then try again. If you do this one right, his penis can get very sore before he is finished. If you do it for him, you can get as rough as you like insuring his penis will remember the event for a day or two.

As more of a punishment, try making him masturbate until it is no longer enjoyable or even until he is too sore to continue. You can mix a little sand or coffee grounds into some hand cream or lubricant for him to use while attempting to reach his orgasm. That, alone, will cause him a good bit of irritation. Of course, while he is attempting to reach the desired orgasm, you should be doing all you can to prevent his success. Try yelling at him, or verbally humiliating him, or even just keep telling him to hurry up. After all, you do not really want him to succeed. What kind of disciplinary lesson would he learn from that?

Of course, there are some less intense disciplines you can use. Try placing him in a closet or other confining space for a time-out. Being unable to see, much less serve, you should have a positive effect on his behavior. In the same vein, you could simply deny him any form of sexual activity for a time. This would include teasing and maybe even pleasing you sexually.

How about making him sit on a few upturned bottle caps for a period of time? Beer bottle caps, even the twist-off kind, should work very well. Let him sit on them for fifteen minutes or so and his behavior should improve.

How about prostate milking or ruined orgasms? Use it instead of a regular release. If he normally gets released two or three times a month, massage his prostate to relieve the buildup of semen in his system instead allowing him a full orgasm. Or, for the next two or three months, allow him only ruined orgasms when he is expecting a full one.

Drinking (or eating if you prefer) his own ejaculate is a great disciplinary tool. He does not have to disobey in order to receive discipline. After all, he needs to learn discipline in order to obey your every command without hesitation. Consuming one's own semen is an excellent way to teach him that you demand complete obedience. You can let him ejaculate into a condom and then make a big deal about feeding it to him. Or you can save it in the refrigerator for use at a later date, or in other ways. It can be used as a cream for his coffee, or a dressing for his salad, even a topping for his ice cream. You can save it up and freeze it into a Popsicle. Then, when he has displeased you, he can suck on it until it is gone.

Georgia Ivey Green

He can lick it out a dish on the floor, or drink it  
from a cup.

The choice is yours and there are so many choices!

~ ~ ~

## Chapter 7

### ***When He Asks Too Often***

**W**e all know there are times when guys want more sex than we want them to have. We call that “all the time.” No matter how much we try to explain, no matter how much sex we give them, they always seem to want more. Do not get upset. They can not help it. It is in their nature. But let's face it, he asked you to take charge, did he not? So what do you do when he starts begging you for release even though you just granted him a nice big orgasm two weeks ago?



**Tip:** *Use him anytime, anyplace.*

Your partner wants more than you want to give him. Okay. That is normal. What you need to do is to find ways of making him think he is getting what he wants, but he really is not. There are several ways to handle this kind of situation. You can ignore him and hope he will go away, which he will not do. Or you can have him do something for you that makes you feel better and that will occupy more of his time.

Let's start with some activities that will take up his time and be entertaining for you.

Find a nice comfy chair, perhaps in your room or even the living room. Get comfortable. You do not need to wear anything special, your street clothes will work quite well. Have him stand in front of you, maybe between your outstretched legs. Tell him to strip naked while you watch his every move.

Once he is totally naked (remove his chastity device if he is wearing one) have him masturbate for you. While "Bob" is tugging at his manhood, talk to him. You can tell him to hurry up or slow down, depending on your mood. You can talk about what happened at the grocery store if you like. The object here is to keep him distracted so that he does not have an orgasm. When the Bobs

of the world want to have more orgasms, we women must do what we can to see to it that they have fewer orgasms. That is our job.

So while Bob is doing his best to concentrate on the job at hand (or in hand) you should be doing all you can to prevent him from achieving his goal. Do not tell him that is what you are doing. Let him think he is going to get to shoot his “stuff” all over the room, or you, or somewhere. From time to time, if you think he is getting too close, you can tell him to stop and rest for a moment. He will wait until you are ready for him to proceed.

If he is taking a good long time, which is what you want, you can tell him to hurry up. Tell him that you do not have all day. Make fun of his winky, or the way he masturbates. Anything to humiliate him and make him drag this out. You can continue this for as long as you are comfortable. Once you become too board, tell him to stop. Remember, it is important NOT to allow him to ejaculate. If he does, he wins. We do not want him to win. We want him to think he is going to win, but in the end, he must lose.

You can do this every day if you wish. Or every time he complains about not getting to orgasm enough. Do not worry, I have more suggestions for you. Keep reading.

If you enjoy getting your feet massaged, try this. Have him get a large bowl of warm water, a towel and wash cloth. Soap doesn't hurt either. Have him kneel at your feet and wash them one at a time. You may want to let them soak for awhile before or after the cleaning. Once you are feeling much more relaxed, have him dry your feet and massage them one at a time. Do not rush this. He wanted to do something for you, so make him do it. Maybe, instead of just a massage, you can have him kiss and/or lick your feet for you. How high up your legs you allow him to go is up to you. I never let them get above my knees. What you do is up to you.

The object is to make him waste his time. When you are satisfied and feeling quite content, tell him his time up and you won't be able to let him have his release until some other time. Do not tell him exactly when that time might be. After all, you might want him to wait another two or three weeks (or even months) before you grant him a full orgasm. But he doesn't need to know that. All he needs to know is that you are considering his request and that you will give him a release when you are ready.

You can make him do anything you want him to as long as he *thinks* he is going to get an orgasm. For example, while you are still sitting in that nice big,

comfy chair, remove your slacks (or pull up your skirt) and give him access to your vagina. Let him lick you or use a vibrator to give you several orgasms. When you have had enough, thank him and send him away. If he protests, tell him that you thought he was asking to give YOU an orgasm. Tell him that you will tend to his needs when you are ready.

**Tip:** *Always keep him on the edge.*

Remember to tease him, either verbally or physically, as often as you can. This will keep him aroused and ready for whatever task you may have in mind for him. By dangling the possibility of an orgasm in front of him, like a carrot in front of a mule, he will always be ready to please you. By “please you” I mean in whatever way you want. Whether you want sexual attention, flowers brought home from work , or you just want the bathroom cleaned. Keeping him aroused will insure that he is compliant and attentive.

Whenever your guy is feeling neglected (or just plain horny) you can give him something to do that will not only give him the hope of an orgasm, but be entertaining to you as well.

If you want entertainment, try this out. Have him purchase an inflatable doll at a sex shop near you.

Or, if there are none, let him order it from on-line. Better yet, order one yourself and surprise him with it. Now when he comes to you and begs you to let him ejaculate, you can break out the doll and have some real fun.

Make him name his new "girl friend" and talk to her like a real person. Tell him to get a condom and put it on and let him make love to her. I do not mean just "have sex" with her, I mean make him treat her right. If you allow him to ejaculate, make him swallow the contents of the condom. But, of course, the object is NOT to let him ejaculate, is it not? So do not let him. Let him get close and then order him to stop. Have him do other things with her, such as lick her vaginal area until you are satisfied.

If you really want to humiliate him, make the doll a male. Then he will have to do things he never thought of before. Or maybe he did? Anyway, you can do things like take photos or a video of him with his new dolly. You can threaten to post them on the Internet, or threaten to send them to his friends.

Here is a little trick you can play with him to get him to stop asking for orgasms. There is nothing worse than being told he **MUST** ejaculate and then not be able to comply. So here is one way to stop his begging.

Pick a day when you can both be home together, or at least get some private time alone every hour. If you have kids, you may want to use the bathroom for this. Tell "Bob" that you are tired of his whining about orgasms. Tell him that you are going to grant him his wish, but he is going to have to do it your way.

Every hour, on the hour, make him masturbate for you. You should remain in your normal clothing, but he should be required to strip naked. He must masturbate right in front of you. It won't be easy for him to do it when he gets to his third or fourth time.

I suggest that you make it as difficult as you can for him. Tease him, tell him to hurry up, keep the pressure on him. Do not make it easy for him. Let him stroke himself as fast as he wants. Maybe even rush him. Do not let up. Do not give up. It should take him longer and longer to succeed each time he has to do it.

If he gets to the point where he wants to stop because he is getting sore, make him finish the task. By the end of the day, he should be at a point where he just does not want to do it any more. Then you know you have beaten him and he should not be asking for orgasms any longer.

I suggest making him consume his semen as well,

especially if he does not enjoy doing so. If, for some , this does not cure him and he continues ( a few days later) to ask for more orgasms, there is another way to handle it.

Instead of making him masturbate every hour, give him a minute or two to rest between attempts. Make him continue to masturbate over and over again until he begs you to let him stop. Then make him do it one last time, for good measure. If that doesn't work, you may have to resort to punishing him every time he asks.

If he persists in begging you for orgasms that you are not ready to give him, teach him a lesson. Tie a long string or small rope to his testicles and then tie the other end to his ankle. If he tries to walk, or even move, he will be causing his own pain. Better yet, tie his testicles to a piece of furniture and leave the room. If he tries to undo your handiwork, punish him for doing so.

Give him something to hold in each hand such as a book or glass of water, and make him hold them out to his sides. Eventually, the weight will begin to take its toll. With his testicles tied to a table or couch leg such that he can not stand up straight, and his hands filled with something that is growing heavier by the second, he may think twice about begging for another orgasm.

Here is another method of teaching him not to ask for too many orgasms. Tie a short rope between his ankles. Make it long enough to allow for about twelve inches between his feet. If you fasten another piece of rope in the middle between his ankles and then tie the free end to his chastity device (or just around his testicles) so that he must keep his knees bent, he will have to learn to walk a whole new way. Now, have him do his regular chores while bound in this position. See how much fun you can have while still teaching him a lesson?

If you do not want to go to all the trouble of binding him up like that, have him stand directly in front of you. Reach out and take one of his testicles in each hand. Tell him how these used to belong to him, but because he wanted you to take charge of them, they now belong to you. Slowly, and gently, tighten your grip on his testicles. Ask him who they belong to. Keep squeezing them until he starts to grimace. Ask him to repeat who they belong to. Then, before you release them, give them one more tight squeeze and tell him that he is never to ask you for an orgasm again. If he does not get the message, you can easily repeat the procedure squeezing even tighter the next time. Eventually, he will understand and stop bothering you for something he clearly will not get.

Of course, you can always resort to one of the



things we already discussed in the discipline and punishment chapter. Attach nipple clips or clothespins to his sensitive areas while you have him bound. If you do this while his testicles are tied to his ankles, for instance, you are simply adding to his humiliation and pain. The beauty of this kind thing is that you can keep adding clothespins to more and more places until he finally understands that he is not to ask you for orgasms unless you give him special permission to beg for them.

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## Chapter 8

### ***When You Are Too Tired***

**T**here are always times when we women are just plain not in the mood to do anything sexual. Whether because we are physically tired, or for some other reason, we just do not feel like doing anything sexual. It is times like these that men just do not seem to understand. We want to be left alone. We do not want to have to lift a finger to tease and torment a guy when we are like this. It happens. Men need to learn to deal with it. Well, here are some ideas of things you can have him do, that do not involve you doing much of anything, except maybe, watch.

You can, of course, have him do anything in the previous chapters that you want him to do. After all, he is YOURS to do with as you please. But try having him kneel in front of you, naked of course, and keep himself erect. If you are reading or watching television, this may prove to be extremely difficult for him. After all, you are not paying him any attention. The longer you make him remain erect, the more difficult it will be for him. So punish him if he can not keep it up for you. Of course, if you want to kibitz him, you are free to do so.

Maybe you want him to do even more than just stay hard. Okay, tell him to masturbate but do not give him permission to ejaculate. Make sure he keeps stroking. Tell him he must either stroke his penis or give up. He will try to do as you requested, but if he had difficulty keeping himself hard, he may ask you to allow him to stop. In which case, he probably will not bother you for the rest of the day.

If he has no trouble getting himself hard, be sure you tell him he is not allowed to ejaculate. Then he can get himself as close as he wants, but without permission to complete the task, he will soon be begging for release. You can let him beg, or you can make him stop. It is up to you. You can make him put nipple clips or clothespins on his own body. Tell him to make up his mind. Does he want

to do what you tell him or leave you alone?

If you (or he) is into cross-dressing, you can have him give you a fashion show. This works especially well if he is NOT into wearing women's clothing. After all, if he enjoys it, where is the fun in that? He will not be easily humiliated by it. But of course, you can take the opportunity to send him to the boutique to purchase some things especially for him. It gives him something to do and it gets him out of your hair for awhile.

This would also be an excellent time to have him retrieve that special Popsicle you made for him. Let him sit at your feet and suck on it until it is all gone. If he finds that distasteful, maybe he will not be so quick to bother you when you are busy with other things.

**Tip:** *Use everything at your disposal.*

If you often have those days when you want to be left alone and Bob just will not because he wants an orgasm. You need to keep a list of chores and tasks that you can assign him at any time. For example, you might include such things as cleaning out the garage, re-organizing the pantry, or the kitchen cabinets. Maybe you want to include written assignments as well. You could tell him to go do some kind of research on the web that will

take him some time to complete. Perhaps he should write you another fantasy. It would be good to give him the subject so that he does not just repeat or copy something he already wrote.

Speaking of the Internet, have him do a web tease from many of the websites that specialize in that. Here, again, it might be good to do your own research beforehand. You do not want him doing a web tease that would allow him to have an orgasm, now would you?

Getting back to masturbation (it doesn't really involve you having to do anything), you can always allow him to masturbate with the stipulation that he **MUST** ruin his own orgasm and drink the resulting semen. If he fails to ruin it, you have good reason to punish him. But you can do that later when you are feeling more up to it.

Anal play is something that many women are not into. So this is a good opportunity to have him do all the dirty work for (and without) you. Have him use a dildo on himself. He can do it right there in the room with you without you having to lift a finger. Remind him that he is not allowed to ejaculate, just in case. Dildos are not the only things that you can use, or have him use, as the case may be. You can have him put a small vibrating egg in his anus, and give you the control so that you can switch speeds, start and stop it,

and even tug on it from time to time as a reminder that you are in control.

If you do not want him bothering you when you are reading, watching television, or doing anything else that you normally do by yourself, you can have him smear his cock and balls with IcyHot (or another mentholated rub) and masturbate. Again, no ejaculating allowed.

Have him insert a butt-plug. The larger the better. Then make him sit on the floor in front (or beside) you until you are ready to deal with him. Or, have him do any of the other things I already mentioned with the plug in place.

**Tip:** *All is fair in love and war!*

Perhaps you have a realistic looking dildo you can have him suck for you. Let him continue doing it until his mouth gets sore from the exercise. Tell him he needs to practice because you have something special in mind for a later date and the practice will help when the time comes. Or maybe say the same thing while he is using the dildo on his anus. Go ahead and plant the seeds. If it doesn't scare him, he will still have something to ponder.

You can always send him to the store to buy some

needed groceries or other items. Be sure to have him insert a butt-plug before he goes. That will get him out of your hair and satisfy his need to be used by you at the same time. Another win-win situation.

Along the same lines, you can tell him to go to the gas station on the corner and masturbate in the restroom for you. Be sure to have him bring back the resulting semen so you can watch him consume it.

Of course you can use any type of discipline you want to get him to stop bothering you about orgasms. A case can be made for discipline because I am sure you have told him not to ask for orgasms. If that is, indeed, the case. There are a number of disciplinary actions you can take. For example, he could spend time writing out the line, "I will not ask Mistress to give me an orgasm." Or something along those lines.

You could also stand him in the corner, make him hold weights in his outstretched arms, have him do push-ups, or sit-ups, or any kind of exercise you can think of. You can make him insert a butt-plug and leave it in for several hours. You can have him do any repetitive task that you can come up with to keep him busy for awhile. Anything that will use up his time and teach him not to ask for something you have told him he can not have.

You might try binding him to a chair. Even put a gag in his mouth. Let him sit there for an hour or two. Do that a few times and he will never ask you to grant him an orgasm again, without permission.

The point is, you can use any kind of discipline you want as long as it gets your point across. You can even make him masturbate for hours with specific instructions NOT to ejaculate. Make it easy on yourself. In fact, if you can make it fun for you and not for him at the same time, more power to you.

Sometimes you just want him to fail. That is, he keeps bothering you for attention and you want to be left alone. You can not punish him for wanting to experience an orgasm. But if you make it hard for him to obey you, and he does not, then you can punish him for his disobedience. Now that might not seem fair to you. But it is fun.

If you really want him to have trouble holding back while masturbating, here is a trick you can use. Purchase a male masturbation device such as a *Fleshlight* or some *Tenga Eggs* for him to use when he masturbates. These things are designed to coax an ejaculation from even the most restrained man. They provide much better stimulation than his hand alone and will make it much more difficult for him to hold back his orgasm. Of course, you might think that is unfair. Well, all is fair in love and war. You do love him, do you not?



Georgia Ivey Green

Besides, you have not yet read the chapter on games. Playing “fair” is not always the best solution.

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## Chapter 9

### ***Absence Makes The Penis Grow***

**T**here are times when a wife or husband must travel away from the rest of the family. Whether for work, pleasure, or some family emergency, it happens. Most often couples don't really do anything sexual because of the physical distance between them. But just because you can not be together does not mean you can not have some fun.

**Tip:** *Use technology whenever it is available.*

With tremendous advances in technology today, there is absolutely no reason why you have to put your relationship on hold just because you are separated by a great distance. Even military men overseas can have some contact with home. So here are some suggestions to get your brain matter working. If you have to spend time apart, do it together.

Let's tackle the hardest one first. Your guy is in the military and is being deployed to some far off country halfway around the world. How can you possibly keep in touch enough to make your sexual relationship work? It is not easy, but you can do it.

First of all, prepare yourself for sparse communications. Military men (and women) located in a war zone don't usually get much time, or privacy, to talk with those they left behind. Often ten or fifteen minutes on a public phone or computer is all they will get in a week. If this happens to you, try some of these tricks to keep things interesting.

Make up a list of all those little tasks you would like your partner to do while he is gone. You will need to limit your list a bit knowing that he will probably be in a barracks (or even a tent) with several other folks. Of course, there will be things he just can not do. Wearing a chastity device being among the most prominent. But there are still

plenty of things he can do that won't cause him any harm.

Depending on the particular situation, he might still be able to wear lingerie under his uniform. Of course, if he is living in a tent in a combat zone, that won't be possible. But if he can, you may want to include this type of thing on your list.

Because his showers are likely to be gang style with no privacy at all, you do not want to include particular tasks that would require him to do anything in a shower. However, if he will be in a situation where he will have a private shower, or bath, you can include them.

Where does a man in combat get any privacy? In bed. That is where. You might want to include a little masturbation after going to bed. All he needs is some quiet time and rag or washcloth to catch the semen. Of course he could catch it in a small cup or glass. Then he could be required to drink it. So add that to your list.

**Tip:** *Always keep a list of tasks for him when he is away.*

Once you have a list of things that he can do for you, you need to make another list. This list will consist of actual tasks, such as masturbating at

bedtime as discussed above. You are going to give this list to your partner before he leaves home or email it to him if he will have enough privacy for email. Your list should have each item or task numbered so that you can refer to them by their respective numbers and not have to actually talk about the task itself. For example, you want your partner to masturbate under the covers on Tuesday night. Sometime before Tuesday, you want to get a message to him the says, "Tuesday do number one." That way no one who sees his email or over hears a conversation will have any idea what that means. It is sort of your own little code. You can make up as many different tasks as you like as long as they consist of things that he will be able to do for you.

If your partner is on a business trip where he will be staying in a private hotel room, things really open up for you. To start with, he will have plenty of privacy. You will be able to communicate with him on a regular basis. And he will be able to do much more in the way of tasks.

**Tip:** *Instant video messaging is great. Use it!*

I suggest using some sort of instant messaging system, especially those that allow you to actually see the person on the other end. Skype, for

example, is an excellent vehicle for your long distance sexual relationship. ICQ and Yahoo messenger services also allow for the use of a camera while communicating.

Because of this great technology we enjoy in the twenty-first century, you can do so much more than you could have just a few short years ago. Here are just a few of the things you might want to try.

Using Skype (or other video communication) you might have your partner perform several kinds of sexual acts for you. He can masturbate. Catch and swallow his semen. Ruin his orgasm. Or wear lingerie to your hearts content. He can put on a show for you. He can use vibrators, dildos, and butt-plugs whenever you want him to. He can use a paddle on himself if you require it for some reason. Ice is fun, especially when he has to use it on himself.

Anything you could do at home, you can do when you are apart, as long as you have a good form of communication to watch the live action. One of my favorite ways to torment my husband when he goes off to some convention or other is the web tease. I will bring up one of my favorite web teases on my PC and use Skype in a small window to see my husband. I will read the instructions from the web tease and then relay them to him. He must

perform whatever action the tease calls for while I watch. I find it to be very entertaining.

Since using these video forms of communication is almost like being there, I can have him do just about anything I want him to. He can masturbate for me while I tease him with my own body, or kibitz him in order to make it more difficult for him. You can do the same thing with your partner. The object of these exercises is to keep you both entertained and occupied during your separations. Just because there are hundreds or thousands of miles between you, does not mean you can not have fun together.

**Tip:** *Use separation as a time to bring you closer together.*

When I am the one who is traveling away from home, I like to send my husband little messages during the day as well. I can take a minute to send a prewritten text message or even a short video message. I will give him tasks to perform in the middle of the day and require that he send me a photo or video as proof that he has done what I asked. It is really a great distraction from the everyday grind of a work trip.

Some of the things you can have your partner do while he is away are listed below.

Have him masturbate in a restroom somewhere such as a hotel or restaurant, or even a Porta-Potty. Anywhere that gives him enough privacy to do what you asked, yet is semi-public. The chances of actually getting caught are slim to none, but knowing there is always a chance makes it thrilling for him as well as for you.

Have him go to a dress shop or boutique somewhere and pick out some lingerie for you, or for himself. It is always more fun, not to mention humiliating, when he has to tell the sales person that it is for him. Even if you may never require him to wear such items, making him purchase them works in two ways. First of all there is the embarrassment of making the purchase in a size that will fit him, and secondly, he will now be filled with the fear that you might actually make him wear it sometime. Two birds, one stone!

While we are on the subject, you can always tell your guy that you want him to wear the thing(s) he just bought under his clothing the next day. If he has a photo-capable phone, you can text him and have him send you proof that he is wearing it by sending you a photo from a restroom.

Have him ruin a few orgasms while Skype-ing with you from his hotel room. It is always fun to make him ruin his own orgasms, especially when you are apart. Try it sometime. You will see.



Send him off with a butt-plug or two and you can have him wear one to his next seminar. And if you are truly sadistic, have him tell someone at the meeting that he is wearing it. Now that is humiliating!

**Tip:** *If he can, make him wear a chastity device.*

Of course, he can wear a chastity device while on a business trip. If you make him wear a metal device and he has to fly, well... I guess he will have to reveal that fact to airport security, will he not? Talk about humiliation!

Another plus of keeping him in chastity while he is traveling is that you know he will not be cheating on you. And, of course, you can give him the assignment to watch one or more sex videos on his computer. With a chastity device in place, he won't get to ejaculate. If you put a set of those spikes in it, he will feel the pain of your absence as well.

Instead of making him watch some obscure sex video, you can even put on a show of your own. You can dress in his favorite lingerie or leather outfit and talk "dirty" to him while he tries to maintain his cool. Or you can masturbate for him. If that does not get his motor running, nothing will.

The more things you have your partner do for you while he is away, the more fun the entire trip will be for the both of you. So do not be shy. Make up a list of things that you could make him do. Then the next time he goes off on one of his business trips, tease and torment him to your heart's content. You will both have fun and, who knows, it might even bring you a little closer together during his absence.

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## Chapter 10

### ***Play Unfair Games***

**I**n all my books I suggest playing games for various reasons. But I want to make one thing perfectly clear... You do NOT have to play fair!

**Tip:** *Do not play fair!*

If you learn nothing else from this book, I want you to learn that you don't have to play fair. Why? Because it is YOUR game, not his. It really doesn't matter why you play games, what matters is that you stack the odds against his winning. The whole

point of playing any game where chastity is involved is to give your partner hope. Hope that he will get out of his cage for awhile, or get some kind of orgasm, or maybe even just get some sexual attention from you. In this chapter I will give you several games from which to choose (or make up your own) that will keep his hopes up and yet, not allow him to win too often.

We play games of one kind or another almost everyday. We play with our kids, we play with friends, or we sometimes play by ourselves. As a Keyholder, it is your responsibility, not only to hold his key and keep him from having any meaningless sex with himself (or anyone else), but to see to it that he feels fulfilled, sexually aroused, and never forgets to attend to your needs. In order to help you accomplish this goal, you need to do more than just tease your partner from time to time. You need to give him hope. Hope is the only thing, besides his arousal, that can keep him going and prevent total boredom from setting in.

If your guy gets bored with the games you play, then he doesn't have enough of a chance to win. If he wins too often, he will not receive the enjoyment he wanted from the chastity itself. One thing most men who want be put in chastity enjoy is thinking that they are going to be rewarded only to have their dreams of an orgasm denied.

They enjoy being disappointed. I know that sounds like a contradiction, and it is. But it is a fact of life in chastity. If you have ever read any of the captioned photos concerning male chastity you know what I am talking about. The lovely lady holds his key out in front of her poor chastised partner and smiles while telling him he may never be released from his cage again.

While men want sex, they often find that being denied is much more exciting. So if you are going to give him hope by playing games, you need to know how to do it right. You need to know the difference between a vague promise of an orgasm and the chance to win a full orgasm. I hope to clear all this up for you in this chapter.

**Tip:** *Be careful how you say things!*

When making out the rules for any game you want to play with your partner, giving him a chance for an orgasm, be careful how you state the rules. For example, the rule says that if he draws an Ace out of a deck of cards, he wins an orgasm. What kind of orgasm? In his mind it is a full-blown, across the room, shooting his load at full blast. However, that is NOT what the rule states. It merely says, "an orgasm." You don't have to tell him that you don't intend on granting a full orgasm. All you

have to say is, "Congratulations!" Then, when the time comes, you simply find a way to ruin it, or stifle it, if you like.

In another game the rule for winning an orgasm might state that he gets a full orgasm. Okay, but what it doesn't say is how that orgasm is to be achieved. Think about it. Maybe you want him to stand on his head and masturbate for you. Or maybe you want him to swallow his ejaculate even though the rule doesn't mention that part. If you are careful how you state the rules, you can manipulate them to suit your mood, or to keep him from having an orgasm before you are ready for it.

**Tip:** *Use ruined orgasms to your advantage!*

My point here is that you are in control. If you planned on keeping him from having an orgasm for thirty days and on the twenty-first day he wins an orgasm playing some game, there are ways for you to both to get what you want. Learn how to ruin his orgasms (see *A KeyHolder's Handbook* for complete instructions) and use that to your advantage. If all else fails, stifle his orgasm. It may not be as effective as ruining it, but it is better than having to start your day-count all over again.

Whenever you play a game, be aware that he could

win the first time out. It happens. The odds may be stacked against him, but even with one-thousand to one odds, he could win at any time. Be ready for it. Have a plan in place before it happens. Then you will not make the mistake of allowing him an orgasm sooner than you wanted.

### **The games:**

Take one die. Tell him that he must roll the die and that he will be given one chance to have an orgasm. Ask him how many days it has been since his last orgasm. Tell him that whatever number he rolls will be multiplied times the number of days since his last orgasm. Sounds good, so far. He will have that many seconds to achieve his orgasm or he will be punished. For example, if it has been ten days since his last orgasm and he rolls a six, he has sixty seconds (one minute) to reach his orgasm or he will be smacked once for each day since his last orgasm (that is ten smacks).

Basically, this should keep him from wanting to ask for an orgasm too often. Of course, if he does decide to take the risk and roll the die, then you can always tease and torment him while he is trying to reach his orgasm. That means, you can put nipple clips or clothespins on him anywhere you like. You can talk while he is masturbating and

distract him. In fact, you may not have to do anything if his time is short enough. A third possibility is that you masturbate him instead of letting him do it himself. Then you can make it last as long as you like, certainly longer than sixty seconds.

If “Bob” thinks that is too unfair, try this one. Let him roll one die. He gets one minute for each dot (1-6). If he cannot reach his orgasm in time, he is then smacked on the bottom the same number of times, once for each dot. Of course, you should be making it as difficult for him to achieve orgasm as you can. You can also use some “dirty” tricks like putting coffee grounds in the lubricant he uses. You can make him masturbate with a mentholated cream or rub. You can also make him ruin his own orgasm and punish him if he doesn't.

Do you enjoy card games? Well here is one that will give him lots of hope with little in return. Shuffle a full deck of cards (54 cards including the Jokers). Then let him draw or cut the cards. Whatever card he draws and its resulting reward is listed below.

...Joker – A full orgasm

...Ace – A ruined orgasm



...Jack, Queen, or King – so many minutes of edging. (You decide how long.)

...Two through Ten – Nothing, or the number of days before he can play again.

You can make it as easy for him or as difficult as you like when he “wins.” That part is up to you. You can, or course, choose your own rewards. You do not have to use the ones I suggest here. Make it fun for yourself, even if that means less fun for him. Make it humiliating for him if you like. For example, if he wins a full orgasm, make him masturbate in front of a window.

Marble games can be fun as well. Try putting a number of colored marbles (stones or poker chips work just as well) in a cloth bag. Thirty is a good number to start with. These marbles should all be of the same color. Now place one marble of a different color in that bag as well. Let your partner reach into the bag and draw out one marble. If he gets the odd one, he wins. What he wins is up to you. It could be a chance to masturbate to orgasm, or it could be ten minutes of teasing from you. You decide.

A common variation on this game is to add a number of marbles of a third color, say three or four. If your guy pulls one of those marbles out, he

gets a different, lesser reward. Or, it could be a punishment. Such are the chances of playing the game. The third color could also mean that he must wait so many more days (in chastity) before he can try again. You can play the game every day, once a week, or only when your partner is willing to take the risk. You decide.

There are many variations you can use when playing this type of game. The rewards and/or punishments can be widely varied as well. It is all up to you.

Roulette games are fun, especially if have your own Roulette Wheel at home. You can purchase them on-line for less then \$300. The problem with using roulette is getting everything out and setting it all up for play. However, if you have a place to leave it out, or don't mind setting it all up (and taking it down) each day, then there are many ways to play. You can find Roulette games that you can play on-line for free as well. Then there is no set up.

You can play for chips, if he wins enough he gets an orgasm. If he loses it all, he gets punished. Of course, you don't want to spend the whole day playing. So a time limit or set number of turns of the wheel is a good way to limit him. You can give

him a "stake" to get him started.

One way to play would be to give him a set number of spins to win enough chips for an orgasm. If he makes it, great. If he doesn't... Well, there is always next time. If he loses all his chips, think of an appropriate punishment.

Another way to play would be to make him perform a humiliating task if he loses. Perhaps wear a butt-plug for a certain length of time, or wear panties for the rest of the day (or all day the next day).

If you are really brave (or adventurous) you can play, too. If he beats you, then he gets a reward, but, again, if he loses, you get to punish him in some way. You can set the rules before you play so that you both know what to expect. Just remember not to be too specific. You don't want him winning that "Full" orgasm. So use the dirty trick of just stating that he wins "an orgasm," leaving yourself room to decide if it should be ruined or not.

Another dice game. Make a list of eleven tasks or rewards. Number the list from 2-12 (the possible rolls of a pair of dice). Put the less desirable tasks in the middle (6,7,8), the easiest numbers to roll, and the more desirable tasks in the remaining numbers. Remember, the hardest numbers to roll

are two and twelve. So they could be full orgasms. You can play this game every day so that he gets a chance for an orgasm, or something less fun, like wearing panties (or a butt-plug) all day. You can even include rewards for yourself. For example, if he rolls a seven, he has to give you so many orgasms with his tongue or a vibrator. After all, why should everything be about him and his pleasure? Right? You can make as many of the “rewards” about you as you like. It is your game, so use your rules.

I think you get the idea. Games give your chastity boy hope, but they can be as much fun for you as they are for him. Even more, if you do it right. So play games. Just don't play fair. He will love you for it.

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## Chapter 11

### ***Just For Fun***

**I**f you are one of those women who are still feeling that all the “being in charge” is more of a chore for you, then you have not been paying attention. If you read no other chapter in the book than this one, you’ll do just fine.

**Tip:** *Relax! It's just a game.*

I have been saying that all this chastity stuff is just a game. Well, make a game out of the rest of your sexual relationship, chastity or not, and you will

eventually come to see the light. Life can be hard... Very hard! But if you can make your sex fun, then the rest of life will not seem so difficult.

In this chapter I will give you a list of things that you can do, sexually, to have fun with your partner. If you can learn to do that, then everything else will come easily for you. Ask yourself, "what kinds of sexual activities do I enjoy?" Then make a list of them. Your partner will enjoy doing those things for you, to you, or with you. It is what he wants. It is what he lives for! So if you can make yourself sexually happy, it will flow into the rest of your life and you will enjoy life much more.

"Bob" wants nothing more than to make you sexually satisfied. He will do anything you ask if you can include some kind of sexual activity in it. Humiliating Bob in a sexual way is probably the most fun you and Bob can have together. Believe it or not, humiliation is one way to show your partner that you care about him. It is also a way to subjugate him, and he wants to be your subject. All you have to do is use a little imagination, and be prepared to spend a little more time preparing for your next sexual encounter, and you will soon wonder why you didn't do all this sooner.

**Tip:** *Give him what he wants: Subjugation!*

Let me preface these activities with a word for the wise. Yes, these activities can, and often do, involve bondage of one sort or another. There is a reason for that. It is not just that Bob enjoys being bound. It goes much deeper than that. Your partner has indicated that he has a desire to serve you, to belong to you. He has willingly given up his most precious gift for you, his sexual being. He has, most likely, asked that you put his winky in bondage. To put him in chastity.

This is a gift, a gesture, that you should not take lightly. Taking bondage a little further into your sexual activities gives him the feeling that you care about him enough to subjugate him. Bondage is a simple thing to do. If you bind his hands so that he cannot use them to fend you off, or to touch himself, then you have given him the gift of love.

It may all sound a bit dramatic, but if you love him, and you want this thing to work, you must show him by controlling his orgasms. And, yes, that means he must be bound from time to time. Even a simple thing like a blindfold over his eyes can be enough to satisfy his need to feel that you are truly in charge, that you really care.

Now that we have established that “Bob” wants you to subjugate him, to control him, and even

humiliate him. Let us look at some of the things you can do. Here is a list of activities to get you started. Try a few of them, even if you have never done anything like it before. You will not know what you will enjoy, if you do not give it a try.

**Blindfold him.** It is the easiest way to make his imagination work overtime. A simple bandanna can be folded into a triangle, rolled up and tied around his head to block his vision. You can purchase simple blindfolds at your local pharmacy. They are called “sleep masks” and work very well. A blindfold can turn a simple tease session into something special. His mind can have you dressed all in leather while you are actually wearing a T-shirt and a pair of shorts. What his mind creates can do as much for sexual arousal as anything you actually do to him. Use it! Use it to YOUR advantage.

**Tie him up!** You do not have to own, or use, any complex bondage apparatus. You do not need to learn any fancy knots. Square knots work just fine. You do not need to purchase expensive cuffs for his hands, either. Though a nice pair of leather cuffs may be more comfortable and even add to his overall enjoyment, they are not necessary.



**Caution!** Metal handcuffs, while secure and aesthetically nice to look at, can cause severe chaffing of the wrists. I DO NOT recommend using metal cuffs of any kind. Besides, if you lose a key, it can very embarrassing to call the police in to remove them for you!

Again, a simple bandanna rolled and tied around his wrists are far more comfortable and easier to work with. And if your mother happens to see it on the coffee table, it is not hard to explain.

You do not really need to do much more bondage than binding his wrists together, but if you want to do more, there are entire websites devoted to just that.

You can bind his wrists to the headboard of your bed. You can tie them to a chair or just behind his back. You can even make little loops and place them over your bedroom door, close it, and bind him to the loops. It is a fun way to get around having a huge cross in your living room. I have found that a St. Augustine's cross is difficult to explain to Mom, no matter where you put it.

As long as his arms (wrists or hands) can not get in your way, he is sufficiently bound for you to tease his genitals for as long as you like. After all, that is why you bound him in the first place, is it not?

Yes, well, you might be punishing him for masturbating on his own.

**Use a chastity device.** There are so many chastity devices on the market now that you have plenty to choose from. He does not have to wear it all the time. You can use it as a means of punishment if he misbehaves or masturbates without permission. Of course, you can make it a permanent thing. Just be sure to remove it for cleaning at least once a week and carefully inspect his genitals for any chafing or other physical problems that might be caused (or aggravated) by the device. Cleanliness is extremely important. Checking it out yourself will also serve to remind him that it is YOU who put it on him in the first place.

**Tease him mercilessly!** After all, teasing him sexually and then denying him an orgasm is what he wants. He may tell you otherwise, but he is only trying to fool himself so that it will thrill him all the more each time you do it. Never let him forget that his orgasms belong to you. So do his genitals at this point. Remind him often. He needs the reinforcement that you are in charge.

The easiest way to tease him is to fondle, stroke, or

lightly touch is genitals. I will not go into details about the many different methods, that is not what this book is about. But I will remind you that is what tease and denial is all about. So do it as often as you can, even if only for a few seconds, whenever you can.

**Ice is Nice!** To prevent getting water on the bed, the carpet, or whatever is beneath him, put it in a ZipLock bag or other resealable bag. Rub it under and over his testicles, his penis, and anywhere else you like. Just DO NOT allow it to rest in one place for more than a few seconds. It can cause skin and tissue damage if you do. Use every erotic zone on his body, including his anus.

**Play with his nipples.** Many men have sensitive nipples and that makes them an erogenous zone. Pinch them, pull them, twist them. Put nipple clamps or clips on them. If you do not want to spend money for clips and clamps specially made for nipples, use clothespins. If you can tolerate them on your little finger for awhile, then they will work on him. Try to get as much skin as you can get between the jaws. Too little tissue will hurt way too much. So grab as much as you can when applying clothespins. Ice feels good there as well.

**Make him wear panties.** Wearing a pair of panties, and nothing else, all day can be a humiliating reminder that he belongs to you. Of course, you can make him remain naked as well, especially when he is in chastity. His chastity belt (or device) can serve as his clothing for the day. He will get a thrill simply because you cared enough to make him do it.

**Lingerie works, too.** If you are into dressing him up a little more, then have him wear a baby-doll nightie or a teddy around the house. If you have children around, obviously you can not do these kinds of things. But if you try, you can find times to make him wear something (or nothing) around the house. Maybe he can take a day off work when the kids are still in school. You can always make him wear lingerie underneath his regular clothing. That is especially fun if he has to work all day.

**Shave his genitals.** This is a form of humiliation that many men enjoy. Take the time to bind him to the bed (or a door). Then clip the long hairs with scissors. Lather him up with a good shaving cream, and use a new, disposable razor. Do not forget to

shave his balls as well. Once he is all naked “down there” he will have a constant reminder of how scared he was when you took a sharp razor to his private parts. Make him keep it shaved, or simply repeat the process once or twice a week yourself.

**Hot wax!** You can use hot wax or other wax style hair removal system to denude his genitals. It will be a bit more painful, but then he will have a nice clean bikini line for several weeks. do not forget to do the “Brazilian” thing on him while you are at it. He will not expect that. You will have to repeat the process in a week or two, but it is actually easier than shaving him. I think it is more fun as well.

**Electro play is fun.** There are a great number of electro-stimulation devices on the market. They range in price greatly as well. Some of them use little sticky pads, while others use a conductive lubrication. There are some that use static electricity through a number of differently shaped glass tubes. Kind of like the way a neon sign works. They are safe and fun to use. You can stimulate him sexually for hours with one of these.

**Edge him.** Bring him as close to an orgasm as you

dare and then give him a few seconds (or minutes) to rest. Then start all over again. You can do this any way you like as long as you stop before he gets to that nasty point of no return. The more you edge him in one session, the longer you can make him suffer and beg for release. It is a fun way to tease and deny him.

**Ruin his orgasm.** It is a pretty easy thing to do, once you get the hang of it. You simply stop touching him just a second or so before he ejaculates. It takes practice (which he won't mind you doing), but once you figure out when to stop, you can ruin every orgasm he has. The key is the physical signs he gives just prior to ejaculating. Learn them. Use them. When you see his semen pour out of his penis instead of shooting out like it usually does, you will know you succeeded.

**Ruined orgasm milking** is even more fun. After you ruin his first orgasm, start again and see how many more you can ruin in one session. You may get as many as four or possibly five. There will be less semen each time until he has been milked dry, but he will still want more sex. It is a win-win situation for you both. Try it sometime. Do it as often as you like.

**Butt-plugs can be humiliating** in a good way. Put a gob of lubricant on his anus (and the plug) and push it in. Make him wear it to the store for a real thrill. Go with him and threaten to tell people. Ask him why he is walking funny so that others can hear you. If you really want to embarrass him, ask him how that butt-plug feels when some else can hear you.

**Strap-ons are great fun.** Use one to simulate bi-sexual acts. Make him suck it like a real penis. Or use it to teach him what it feels like to be on the receiving end, so to speak. Many men enjoy anal sex because it makes them feel more submissive, or closer to their wives. Use lots of lubricant and cover the dildo with a condom to make clean up easier.

**Dildos can be fun,** too. Make him suck on one. Make him use it on himself (anally) to give you a show while you verbally shoot humiliating insults at him. Have him use it to give you a few well deserved orgasms. After all, your pleasure should come first.

**Milk his prostate.** There are websites devoted to prostate milking (or check out one of my other books) where you can learn everything you need to know. It is one way to give him relief without granting him an orgasm. It takes practice, but there again, he won't mind you getting in all the practice you want. I DO suggest using rubber gloves. They do not have to be the surgical kind, the dish washing kind work just as well.

**Use the great outdoors.** If you can find a secluded place, making him go naked outdoors, especially when you are dressed, is another way to humiliate him that will be fun for the both of you. You can bind him to a tree and tease him to your heart's content. Try taking a few photos or a video of him. The thrill of possibly being caught can be a great aphrodisiac. If you have never tried it... Get brave!

**Inflatable dolls are so humiliating!** There are so many ways to use an inflatable doll to humiliate him. Try getting a male doll and make him practice his bi-sexual techniques on it. Use your imagination. It is so easy.



**Photographs and videos** are another way to humiliate your guy to the max. If he is blindfolded, you only have to tell him that you are taking pictures or video recording him and he will feel the humiliation. Actually do it and showing him the proof is even better. You do not have to publish them, or send them to his friends, but the threat of such action can make him much more obedient!

If you use your own imagination, I am sure you can come up with many more activities to enhance both your enjoyment and his. Try to keep things fresh. Do not repeat the same activity day after day. You should even vary what you do in your tease sessions. That way, neither of you will get bored or complacent. Sex will be something you look forward to, instead of something you dread.

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## Chapter 12

### *Wrap Up*

**R**emember way back when... They used to call it “Strip Tease” and the girls never really took everything off? Now it is just “Stripping” and they do. What has really changed, though, is what it does to a guy. Back in the old days, when a man went to a strip club, the women would tease him by taking off only so much, but never everything. Playboy(R) didn't show every part of a woman's anatomy either. What happened? After all, by not revealing everything to the audience, the stripper (or magazine photographer) was sparking the imagination of the viewer. Today, when a man

watches a stripper, nothing is really left to his imagination. As a result, he does not get as turned on as he used to. So they had to add the “Table Dance” in order to generate more interest, and more tips.

So if we have learned anything from the past, it should be that teasing will always generate more interest. That means, more of his attention on you, the teaser. His imagination will be stimulated as well. His fantasies will get more elaborate and he will fantasize more often.

You, as the woman in charge, can use his imagination to make things more fun for you both. That is your goal as a Keyholder, or even just as a wife who wants more attention from her husband. Find out what his fantasies are. Implant a few of your own in his mind. Then use them to tease and torment him as much as you like. He will love you for it.

Do not be afraid to humiliate or embarrass him. I have taken numerous polls in my blog and if I have learned anything from them, it is that men enjoy being sexually humiliated by their partners. It may not be fun or erotic for him if one of his coworkers accuses him of being a homosexual or makes other sexually oriented jokes about him. That is, unless

he knows they came from you. When a woman has a partner who wants her to be in charge, humiliation is often a good way to show him that you love him. It may sound contradictory, but it is true. If you are doing it because it is fun for you, he will never hold it against you. In fact, he will, most likely, even secretly, applaud you for it.

The point is, the more fun YOU have as the Keyholder (or even just the woman in charge) the more he will enjoy it. Sexual happiness is one thing that can help a couple get through tough times. If the sex is fun for both, the problems do not seem so great. If having fun with your partner can improve your overall relationship, why not do it?

Many women look upon tease and denial as a chore they must perform in order to make their partner happy. This is totally wrong! He is willing to do just about anything you ask, from giving you more of what you want sexually, to helping out with the housework and the kids. What more could you want? All it takes is a little effort on your part and you can have the man of your dreams doing everything you want him to do. How hard is that? How desirable is that? Is that not worth a little effort?

Just because your husband or boyfriend wants

more sex than you do, doesn't mean there is no way to satisfy you both. If you don't want to do anything, make him do it himself. If you are willing to supervise, he will get all the enjoyment he needs. He wants your approval. He needs your approval. Do not send him off to the bathroom to masturbate if you are not going to do something to follow up, to let him know that he is doing it because YOU want him to.

I, as a woman, understand that there are times when you really are not interested in doing something sexual. That is why I devoted so much of this book to ways you can use him, sexually, without having to get very involved. Masturbation is a good way to humiliate him and satisfy his sexual needs, and his need for your approval, with as little effort on your part as possible. I have pointed out ways to make it more fun for you, as a woman. I have shown you what you need to know and do in order to make your relationship better.

Now it is up to you, as wife, girlfriend, spouse, partner, or Keyholder, to do what it takes to make that relationship better. Odds are, he has already offered to do everything you could possibly want. Now it is up to you to take him up on his offer. It is not a difficult thing. There was one point in your relationship when you would have given your right

arm to know what was going on in his head. Well, now you have the means to find out. Don't waste the opportunity.

If you do not think being in charge of your relationship is fun, make it fun! Take the reins that have been offered and make the most of it. If your relationship fails, and you failed to do anything to prevent it, you have no one to blame but yourself.

Enjoy life! Enjoy your relationship! Enjoy doing things, or making him do things, that can bring you closer together.

**List of Tips:**

*Lock him in chastity but never, EVER let him know when he will be released.*

*Be his school-yard bully.*

*Use your imagination to spur his.*

*Create a contract or agreement and stick to it.*

*Be sure he knows what turns you on as well.*

*Learn all you can about his fantasies.*

*Use his fantasies as often as possible to keep him aroused.*

*Turn his fantasies into reality whenever possible.*

Georgia Ivey Green

*Fear can be a powerful aphrodisiac!*

*If you can't make it reality, make him think you will.*

*Do not be afraid to touch him, he will not break.*

*If all else fails... Ruin it!*

*Tie a yellow ribbon... Around his testicles.*

*Focus on what's important at the time!*

*You can not talk too much!*

*Just keep talking!*

*Never let an opportunity to humiliate him get away.*

*Put in the time.*

*Be consistent.*

*Be creative.*

*Make sure he understands why he is being disciplined.*

*Use him anytime, anyplace.*

*Always keep him on the edge.*

*Use everything at your disposal.*

*All is fair in love and war!*

*Use technology whenever it is available.*

*Always keep a list of tasks for him when he is away.*

*Instant video messaging is great. Use it!*

*Use separation as a time to bring you closer together.*

*If he can, make him wear a chastity device.*

*Do not play fair!*

*Be careful how you say things!*

*Use ruined orgasms to your advantage!*

*Relax! It's just a game.*

*Give him what he wants: Subjugation!*

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## ***About The Author***

Mistress Ivey (Georgia Ivey Green), has lived as a female dominant since 2006. Before that she was a submissive to her current husband (and number one fan) where she learned what it means to be a dominant. She has been helping others to understand what a female led relationship (FLR) can be and how to make their relationships better. She has tried to educate people, and to dispel the stereo types that are normally associated with female led relationships that the Internet has, for so long, projected. She wants people to understand that a female can be in charge of a successful relationship without having to “dress” the part.

That is why she started writing her blog “Becoming A Mistress” back in October 2010. Now she is passing her knowledge on to you, the reader, in hopes that you, too, can improve you life and your relationship.

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Georgia Ivey Green

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